



# Minisport Term 1

WHERE CHILDREN *DISCOVER* SPORTS

**AUG 26 - Dec 16**  
**1.5-8yrs**



## What's New This Term?

We are extremely excited to kick off Term 1 of our weekly classes in September 2019.

A few changes have been made to the setup of this time round. Firstly, we are introducing a longer term this Autumn. The term dates can be seen on page 3 of this document, and will run from late August to mid December. We have also introduced some new venues, such as West Island School & Ma On Shan.

We hope that your summer has been full of fun, sun and great memories - see you all again soon!

# I. Ages & Stages

## Playgroup (1.5-2.5yrs)



Assisted by a guardian, children are encouraged to explore new ranges of bodily movement such as **running, turning, crawling, stepping & jumping**. It is not simply gross motor skills that we encourage through this program, however. Children are also exposed to a range of games that build basic ball skills including **handling, throwing, dribbling, kicking and striking**.

Classes also involve **animals, numbers & colours** to ignite the imagination & aid their budding range of vocabulary. Every lesson is a chance to create lively, memorable experiences for children & build an eagerness for activity at this important age.

## Mini-Tots (2.5-3.5yrs)



With the ability to walk & run, children at this age are keen to further experiment with the range of activities that their bodies can cope with. We employ a range of games that possess more complex rules & demands to delve into dynamic gross motor movements such as **balancing, running & evasion**.

Ball games start to include some more specific challenges with regards to accuracy & we introduce reception skills such as **blocking, tracking, catching** at this age.

Elements of techniques related to sports (i.e. kicking>football, striking>tennis, throwing> basketball) are taught here but the rules & format of games are by no means consistent with the sports themselves.

## Level 1 (3.5-5yrs)



It is at this level where children, having formed sound ball skills through Mini-Tots, are able to be taught specific sports. The sports that we cover are football, tennis, basketball & athletics.

One of the benefits to this approach is that we are able to deliver a high number of games & drills per session to keep the pace fast & the activities varied.

Whilst co-operative tasks (i.e. partners & teams) are more common here, the emphasis remains on fun & participation. We rarely use games where winners & losers are highlighted.

## Level 2 (6-8yrs)



In our Level 2 program, children are again taught football, tennis, basketball, athletics & rugby. More complex techniques in each sport are introduced, and drills & activities that encourage co-operation and competition become more common place. The aim is for children to leave Minisport Level 2 with a well-rounded understanding of the rules and techniques in these 5 sports and to foster a life-long love for multiple sports.

# 2. Term Dates

## Mondays

MON: Aug 26 | Sep 2, 9, 16, 23, 30 | Oct 14, 21, 28 | Nov 4, 11, 18, 25 | Dec 2, 9  
(15 Sessions)

## Tuesdays

TUE: Aug 27 | Sep 3, 10, 17, 24 | Oct 15, 22, 29 | Nov 5, 12, 19, 26 | Dec 3, 10  
(14 Sessions)

## Wednesdays

WED: Aug 28 | Sep 4, 11, 18, 25 | Oct 2, 16, 23, 30 | Nov 6, 13, 20, 27 | Dec 4, 11  
(15 Sessions)

## Thursdays

Aug 29 | Sep 5, 12, 19, 26 | Oct 3, 17, 24, 31 | Nov 7, 14, 21, 28 | Dec 5, 12  
(15 Sessions)

## Fridays

Aug 30 | Sep 6, 13, 20, 27 | Oct 4, 18, 25 | Nov 1, 8, 15, 22, 29 | Dec 6, 13  
(15 Sessions)

## Saturdays

Aug 31 | Sep 7, 21, 28 | Oct 5, 19, 26 | Nov 2, 9, 16, 23, 30 | Dec 7, 14  
(14 Sessions)

## Sundays

Sep 1, 8, 15, 22, 29 | Oct 6, 20, 27 | Nov 3, 10, 17, 24 | Dec 1, 8, 15  
(15 sessions)

# 3. Playgroup Timetable



1.5-2.5yrs

Day	Time	Venue	Fee/session
Mon	0900-1000	Goji Studios (Whampoa)	\$200
Mon	0930-1030	Maggie & Rose	\$300 (contact <a href="mailto:info@maggieandrose.com.hk">info@maggieandrose.com.hk</a> )
Mon	1030-1130	Victoria Park	\$150 (Indoor Backup @ Goji CWB)
Mon	0930-1030	Ma On Shan	\$150
Mon	1500-1600	Victoria Park	\$200 (Indoor Backup @ Goji CWB)
Mon	1500-1600	Eton House	\$290
Tue	0900-1000	Sai Ying Pun (KGV Memorial Park)	\$150
Tue	1030-1130	Elements	\$150
Wed	0900-1000	Tseung Kwan O Velodrome Park	\$150
Wed	0930-1030	Victoria Park	\$150 (Indoor Backup @ Goji CWB)
Wed	1000-1100	Sai Ying Pun (KGV Park)	\$150
Wed	1500-1600	Victoria Park	\$200 (Indoor Backup @ Goji CWB)
Wed	1600-1700	Victoria Park	\$200 (Indoor Backup @ Goji CWB)
Wed	1610-1710	Mighty Oaks Kindergarten	\$250
Wed	1700-1800	Victoria Park	\$200 (Indoor Backup @ Goji CWB)
Thu	0930-1030	Victoria Park	\$150 (Indoor Backup @ Goji CWB)
Thu	1000-1100	Sai Ying Pun (KGV Memorial Park)	\$150
Thu	0900-1000	Elements	\$150
Thu	1000-1100	Elements	\$150
Fri	1000-1100	Sai Ying Pun (KGV Memorial)	\$150
Fri	1000-1100	Tseung Kwan O Velodrome Park	\$150
Sat	0900-1000	Victoria Park	\$200 (Indoor Backup @ Goji CWB)
Sat	0930-1030	Eton House	\$290
Sun	0930-1030	West Island School	\$200

**ENROL NOW**

**BOOK TRIAL**

# 5. Mini-Tots Timetable

## 2.5-3.5yrs

Day	Time	Venue	Fee/session
Mon	0930-1030	Victoria Park	\$150 (Indoor Backup @ Goji CWB)
Mon	1000-1100	Goji Studios (Whampoa)	\$200
Mon	1030-1130	Maggie & Rose	\$300 (contact info@maggielandrose.com.hk)
Mon	1030-1130	Ma On Shan	\$150
Mon	1600-1700	Victoria Park	\$200 (Indoor Backup @ Goji CWB) Mon
Mon	1600-1700	Eton House	\$290
Tue	0930-1030	Elements	\$150
Tue	1000-1100	Sai Ying Pun (KGV Memorial Park)	\$150
Wed	0900-1000	Sai Ying Pun (KGV Park)	\$150
Wed	1000-1100	Tseung Kwan O Velodrome	\$150
Wed	1030-1130	Victoria Park	\$150 (Indoor Backup @ Goji CWB)
Wed	1610-1710	Mighty Oaks Kindergarten	\$250
Wed	1700-1800	Victoria Park	\$200 (Indoor Backup @ Goji CWB)
Thu	0900-1000	Sai Ying Pun (KGV Park)	\$150
Fri	0900-1000	Sai Ying Pun (KGV Park)	\$150
Fri	0900-1000	Tseung Kwan O Velodrome	\$150
Fri	0900-1000	Elements	\$150
Fri	1000-1100	Elements	\$150
Sat	0900-1000	Tseung Kwan O Velodrome Park	\$200
Sat	1000-1100	Victoria Park	\$200 (Indoor Backup @ Goji CWB)
Sat	1030-1130	Eton House	\$290
Sun	0930-1030	West Island School	\$200

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**NEW OFFER: Refer a friend & receive \$200 credit for classes, camps, events or parties!**

# 6. Level 1 Timetable

3.5-5yrs

minisport

Day	Time	Venue	Fee/session
Mon	1600-1700	Victoria Park	\$200
Wed	0930-1030	Victoria Park	\$150
Wed	1000-1100	Tseung Kwan O	\$150
Wed	1700-1800	Victoria Park	\$200 (Indoor Backup @ Goji CWB)
Fri	1000-1100	Tseung Kwan O	\$150
Sat	1000-1100	Tseung Kwan O Velodrome Park	\$200
Sat	1100-1200	Victoria Park	\$200 (Indoor Backup @ Goji CWB)
Sun	1030-1130	West Island School	\$200

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# 7. Level 2 Timetable

6-8yrs

Day	Time	Venue	Fee/session
Sun	1030-1130	West Island School	\$200
Sat	1100-1200	Victoria Park	\$200 (Indoor Backup @ Goji CWB)
Sat	1100-1200	Tseung Kwan O Velodrome Park	\$200

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**NEW OFFER:** Refer a friend & receive \$200 credit for classes, camps, events or parties!

# 9. Enrolment Process

## How to book a class



Visit [www.minisport.hk/term1](http://www.minisport.hk/term1)



Complete Registration Form



Receive a confirmation email & make payment



Enjoy your class!

## How to book a trial



Visit [www.minisport.hk/term4](http://www.minisport.hk/term4)



Complete Trial Form



Receive email & make payment



Enjoy your class!

# 10. Venue Details

## **Victoria Park**

1 Hing Fat St, Causeway Bay Outdoor

Surface: Grass

## **Ma On Shan Park**

12 On Chung Street, Ma On Shan

## **West Island School**

250 Victoria Road, Pok Fu Lam

## **Sai Ying Pun**

King George V Memorial Park, High Street/ Hospital Road, Sai Ying Pun

Surface: Concrete

## **Maggie & Rose Family Club**

The Pulse, 301 (3/F) 28, Beach Rd, Repulse Bay

Surface: Wood Terrace

## **Elements**

Podium Level 1 Austin Road, West Kowloon Outdoor

Surface: Concrete/Grass

## **Tseung Kwan O Velodrome**

105-107 Po Hong Rd, Tseung Kwan O

Surface: Grass

## **Goji Studios**

Causeway Bay: 4th Floor, Elizabeth House Block B, 250-254 Gloucester Road

Kowloon Bay: L18, MegaBox, 38 Wang Chiu Road

Surfaces: Wood

# 11. Start Your Own Class



Starting your own class has many benefits. Not only can you arrange a class just for you and your friends, but our coaches come right to your doorstep with their jam-packed bags of equipment to ensure that your class is as action packed as possible. These classes are ideally for 6-8 students but we take upto 12 and send an assistant.

## “What facilities do I need in order to start a class?”

Although everyone prefers vast open area and sprawling fields, being a Hong Kong based coaching company, we are used to working in tight spaces! In fact, for the age group the we specialise in, sometimes more confined spaces allow us to play more games and spend less time collecting balls after throwing and striking games. Examples of areas that we use for our private classes currently include:

- Tennis Courts      -Squash Courts      -Basketball Courts      -
- Function Rooms      -Public Parks      -Clubhouses

**For more information, visit the link below:**

[www.minisport.hk/startaclass](http://www.minisport.hk/startaclass)

## What parents are saying...

*The whole experience has been enjoyable. Firstly one of the only ones to offer mini tennis initiation classes for under 4s, we organised a private group class over the summer. They are a pleasure to deal with, they are organised and always offer good alternative teachers if the said one can't make it.*

*They are great judges of situations, and they can control 3-4 year olds well! The quality of classes are great too and they vary to make it actually beneficial for the child's development. Couldn't recommend them more!*

**-Elodie, Private Class Client**

## 12. FAQs

### ***My child has not ever been in a sports class, would the program be suitable for him/her?***

Yes, we specialise in early years sport coaching and our courses assume no previous experience in sport. We start sessions with 100% completion rate activities so that children feel comfortable and confident, before introducing more stimulating and challenging activities.

### ***I cannot commit to all of the classes in the cycle, can I just pay for the ones that I attend?***

-Our form allows you to omit a maximum of two classes per cycle. You will not be charged for these two classes. Please note that these dates must be pre-determined and that this function is for dates which our students know they already have commitments, such as travel, on-off events etc. These dates are not changeable once they have been set.

### ***Can we do a trial class?***

We do offer trial classes. These are paid for sessions for new students to Minisport, to allow them to test out our program before committing to a cycle of classes. Please note that these trials are only available on a first-come, first served basis and if you wait to do your trial rather than enrolling, then you may miss out on a space at that class.

### ***What happens if minimum numbers for classes are not met?***

If after two weeks your course has not reached minimum numbers, we will offer you a range of alternative classes, should they not fit your schedule then you will be refunded,

### ***What happens if I miss a session due to illness?***

Upon presentation of a doctor's note, you will be given a lesson worth of credit for the missed class that can be redeemed upon enrolment to future class enrolments.

### ***What happens if I miss a session due to weather?***

Should a session be cancelled due to weather then you will be informed, via the class WhatsApp group, at least 45 mins ahead of the session. In this case, you will be able to be awarded credit for future class cycle enrolments. For classes that state an indoor backup, you must attend this backup venue. No credit will be awarded if a child misses a class without a doctor's note, whether this is at the original venue or indeed the backup.

Should the session be abandoned midway through, then our coaches will supervise the children until the stated session end time.

Should you have any further questions then do not hesitate to contact us and a member of our team will be glad to assist you.

# TERMS & CONDITIONS

- \* \*ALL CLASSES ARE ENROLLED TO ON A FIRST COME, FIRST SERVED BASIS\*
- \* IN THE CASE OF LATE ENROLMENT, ALL CLASSES OPERATE PRO-RATA, SUBJECT TO AVAILABILITY\*
- \* IF THERE IS A CLASS THAT YOU WISH TO JOIN THAT IS FULL THEN PLEASE CONTACT US AT INFO@MINISPORT.HK AND YOU WILL BE PUT ON THE WAITING LIST\*
- \* NEW STUDENTS CAN DO ONE LESSON PAID TRIAL\*
- \* \*ALL STUDENTS ENROLLED TO VENUES THAT STATE AN INDOOR BACKUP WILL BE REQUIRED TO ATTEND THIS BACKUP VENUE, FAILURE TO DO SO WILL NOT RESULT IN REFUNDS OR CREDIT BEING AWARDED. THESE VENUES ARE ALSO SUBJECT TO AVAILABILITY AND GOJI STUDIOS HAS THE ULTIMATE DECISION REGARDING THIS. SHOULD THE VENUE NOT BE AVAILABLE AS A BACKUP, THEN CREDIT WILL BE AWARDED IN THE CASE OF BAD WEATHER.

\*\*All classes can be trialed once on a paid basis, via the trial form on the class page\*\*

\*\*All classes for 1.5-2.5yrs are assisted by guardians\*\*

\*\*A maximum of 2 classes per cycle can be omitted at the start of the course\*\*

\*\*Credit will only be awarded for absences that are supported by doctor's notes\*\*

\*\*All courses are non refundable\*\*

\*\*IN CASE OF RAIN- please refer below\*\*

At the close of each session, guardians will be required to pick the students up from the venue. In the event of a Typhoon 3 signal or Red/Black rainstorm warning (unless lowered 2 hours before the session is scheduled to commence), other bad weather situations or an increasing number of influenza cases, the session/s will be cancelled and the lesson fee will be added as credit, to be used within the term at another session. No credit will be given for a student who misses a session for any other reason.

Should a session be cancelled due to weather then you will be informed, via the class WhatsApp group, at least 45 mins ahead of the session. In this case, you will be awarded credit for the class, which can be redeemed upon enrolling for future classes.

Should the session be abandoned midway through, then our coaches will supervise the children until the stated session end time and no credit or refund will be awarded.

Guardians will be contacted via Whatsapp text message at least 45 minutes prior to session commencement if cancellation is to be made. In the case of rain forcing outdoor classes to be abandoned whilst in session, no credit or refunds will be allocated. For classes that state an indoor backup, you must attend this backup venue. No credit will be awarded if a child misses a class without a doctors note, whether this is at the original venue or indeed the backup.

Children and guardians shall obey the rules and regulations governing the venue facilities. Minisport may use photos or videos taken during sports classes for use in promotional materials and on our website. These photos or videos will not be passed onto third parties. If you do not wish us to use photos or videos that include your children, please contact us at [info@minisport.hk](mailto:info@minisport.hk). Minisport is not liable for any injury or accidents that take place during sessions. His/ her participation is purely voluntary and in no way mandated by Minisport or the programme partners. Also, you understand that he/she can stop anytime if he/she has any discomfort or even without any particular reason.